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Geeta University

NH-71, Naultha, Panipat,
Haryana 132145



Activity Report

2024-26

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About Geeta University

Geeta University is a private university at NH-71, Naultha, Panipat, Haryana, set on a 40-acre campus. It was established in 2022 as part of the Geeta Group of Institutions, which began its journey in 1985 and operates schools, colleges and the University. Geeta Engineering College, set up in 2008, was later converted into the University. The University describes itself as an AI-enabled, technology-driven campus, and its website lists recognitions from the UGC, BCI and PCI.

Vision. To reach the pinnacle of academic excellence and nurture students into well-rounded technocrats, professionals, scientists, leaders and entrepreneurs dedicated to nation-building.

Mission. To inspire academic excellence through a student-centred, outcome-based process; to develop knowledge, skills, behaviour and attitude; to promote interdisciplinary research; to build strong industry-academia connections; and to nurture entrepreneurship

Health and well-being provisions visible in the records

Provision	Evidence
Annual sports meet (Pratispardha)	Held in 2024, March 2025 (3rd edition) and November 2025 (4th edition), run by DSW and the Sports Department.
Leagues and inter-department sport	GU Premier League, Kabaddi League, Badminton and Volleyball tournaments and a staff pool table tournament.
International students in sport	International Students Football Tournament, 27 April 2026.
Health camps	Blood donation camps (2024 and 2025), and a dental and general medical health checkup camp organised with the Geeta Institute of Pharmacy (2026).
Diet and nutrition	Geeta Diet Clinic opened on 19 February 2025 , followed by a free diet session and a weight management session.
Mental and reproductive health	World Mental Health Day, a Mental Health Awareness Session, a dating-violence session by the ICC and a menstrual health counselling session.
Substance-abuse prevention	Anti Drug Campaign - Drug Free Haryana, with the Sports and DSW teams (June 2026).

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Overview & Key Figures

SDG 3, Good Health and Well-being, aims to ensure healthy lives and promote well-being for all. For a university, this shows up in sport and physical activity, mental health and counselling, health education, medical camps, and substance abuse prevention. This report compiles every activity mapped to SDG 3 from January 2024 to June 2026.

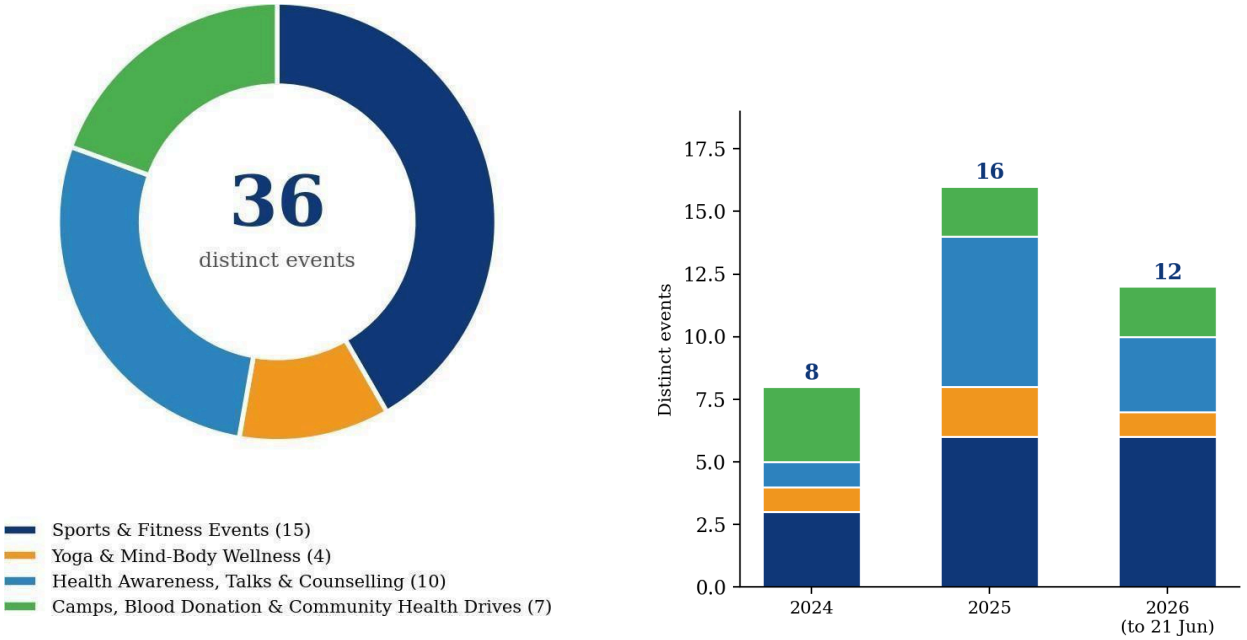
The tables show 36 distinct events with the number of sheet rows behind each.

Category	Events
Sports & Fitness Events	15
Yoga & Mind-Body Wellness	4
Health Awareness, Talks & Counselling	10
Camps, Blood Donation & Community Health Drives	7
Total	**36**

Reading this report. Only 17 of the 42 rows have a Type value, so categories were assigned from event titles. The workbook holds one row per SDG per event, so some events also appear under other goals.

Activity Profile

The sheet holds 8 distinct events for 2024, 16 for 2025 and 12 for 2026 (to 21 June). Sport accounts for the largest share, followed by health awareness and counselling.



Distinct events by category | Distinct events by year and category

Themes visible in the data

Sport as a health platform. 15 of the 36 events are sports and fitness events, from the annual Pratispardha meet to interdepartmental leagues, an international students' football tournament, and a girls' 100-meter race on Women's Day.

Mind and body. Yoga sessions were held on International Yoga Day in 2024, 2025 and 2026, with a separate Yoga & Meditation Session in May 2025. Mental health appears through World Mental Health Day (2024) and a Mental Health Awareness Session (February 2026).

Health education. Talks cover cervical cancer, PCOD, healthy relationships and dating violence, financial wellness for women, menstrual health and hygiene, and World Health Day (2025).

Community health. Blood donation camps were held in October 2024 and October 2025, a dental and general medical checkup camp in April 2026, and an anti-drug campaign in June 2026. NSS camp days in January 2024 covered fire awareness and basic life support training.

Sports & Fitness Events

Annual sports meets, leagues and inter-department tournaments for students and staff, National Sports Day and an international students' football tournament. Multi-day events are shown as one row.

15 distinct events |

#	Date	Event / Activity	Type	Rows	Report
1	12-13 Feb 2024	Pratispardha Annual Sports Meet 2024 (Days 1-2)	-	2	View report
3	29 Aug 2024	National Sports day	-	1	View Report
4	7-8 Mar 2025	3rd Annual Sports Meet-Pratispardha-2K25	-	2	View Report
5	29-30 Jul 2025	GU Staff Pool Table Tournament	Sports	2	View Report
6	29 Aug 2025	National Sports Day	-	1	View report
7	25-27 Sep 2025	GU Premier League	Sports	3	View report
9	21-22 Nov 2025	Pratispardha: 4th Annual Sports Meet	-	2	View report
10	13 Feb 2026	Inter-Department Kabaddi League	Sports	1	View report
11	21 Feb 2026	Workshop on Pitthoo Sports and Game Demonstration on the Ground	Sports	1	View report
12	8 Mar 2026	Girls' 100-Metre Race on Women's Day	Sports	1	View report
13	7 Apr 2026	Inter-Department Badminton Tournament 2026	Sports	1	View report
14	27 Apr 2026	International Students Football Tournament	Sports	1	View report
15	5 May 2026	Inter-Department Volleyball Tournament	Sports	1	View Report

Yoga & Mind-Body Wellness

Yoga and meditation sessions, including International Yoga Day in each of the three years.

4 distinct events | 4 sheet entries

#	Date	Event / Activity	Type	Rows	Report
1	21 Jun 2024	International Yoga Day	-	1	View Report
2	17 May 2025	Yoga & Meditation Session	-	1	View Report
3	21 Jun 2025	International Yoga Day	-	1	View Report
4	21 Jun 2026	International Day of Yoga (IDY) 2026	-	1	View report

Health Awareness, Talks & Counselling

Talks, expert sessions and counselling on mental health, women's and reproductive health, relationships, financial wellness and general health, and a visit to a government medical college.

10 distinct events | 10 sheet entries

#	Date	Event / Activity	Type	Rows	Report
1	10 Oct 2024	World Mental Health Day	-	1	View Report
2	6 Feb 2025	Health Talk Session on Cervical Cancer Awareness	-	1	View Report
3	4 Mar 2025	Expert Lecture on Unmasking PCOD Awareness, Management & Wellness	-	1	View report
4	8 Apr 2025	Health Wellness Fest on World Health Day	-	1	View Report
5	9 Apr 2025	World Health Day	-	1	View report
6	17 Sep 2025	Healthy Relationship, Safe Space: Addressing Dating Violence in Young Adults	Expert Session	1	View report
7	28 Nov 2025	Expert Session on Financial Wellness (Women AIP)	Expert Session	1	View report
8	4 Apr 2026	Educational Visit - Kalpana Chawla Govt. Medical College (KCGMC - Karnal)	Visit	1	View report
9	11 Apr 2026	Personal Hygiene and Menstrual Health Counselling Session	Expert Session	1	View report

Camps, Blood Donation & Community Health Drives

Blood donation camps, a medical checkup camp, a plantation drive, an anti-drug campaign and NSS camp sessions on fire awareness and Basic Life Support.

7 distinct events

#	Date	Event / Activity	Type	Rows	Report
1	19 Jan 2024	NSS Camp Day 4 Expert Talk on Fire Awareness	-	1	View Report
2	23 Jan 2024	NSS Camp Day 7 Training Program on Basic Life Support	-	1	View Report
3	16 Oct 2024	Blood Donation Camp	-	1	View Report
4	26 Sep 2025	World Environment Health Day “Plantation Drive”	-	1	View report
5	3 Oct 2025	Blood Donation Camp	-	1	View report
6	17 Apr 2026	Dental & General Medical Health Checkup Camp	-	1	View report
7	17 Jun 2026	Anti Drug Campaign - Drug Free Haryana	-	1	View report

Other Related Health Activity

#	Date	Activity
1	23 Jan 2024	NSS Camp Day 7 Training Program on Basic Life Support
2	30 Jan 2024	National Leprosy Day
3	6 Apr 2024	Dental Checkup Camp
4	4 May 2024	Colloquium on Understanding and Addressing Internet Addiction in Students:A Psychological Perspective
5	2 Aug 2024	Guest Lecture on Need and Approaches To Manage Cardiovascular Diseases
6	6 Sep 2024	Walkathon
7	10 Sep 2024	Free Eye & Dental Checkup Camp
8	3 Dec 2024	Eye Checkup Camp (Glaucoma day)
9	4 Dec 2024	Expert Session on Anger Management
10	11 Dec 2024	6th Edition of Fit India
11	29 Jan 2025	Har Ghar Parivar Surya Namaskar
12	4 Feb 2025	Expert Session in association with Red Cross Panipat on the occasion of World Cancer Day
13	19 Feb 2025	Grand Opening of Geeta Diet Clinic
14	10 Sep 2025	Nukkad Natak on Suicide Prevention Day
15	16 Sep 2025	Expert Session on Weight Management
16	30 Sep 2025	Free Diet Session
17	3 Oct 2025	Swasth Nari Shakti Abhiyan
18	20 Nov 2025	Happiness Fiesta
19	9 Feb 2026	Expert session on Fostering Happiness Through Work-Life Balance
20	28 Mar 2026	Expert Session on Building Emotional Resilience in Generation Z: Challenges, Strategies and the Way Forward.
21	28 Apr 2026	TB Mukt Bharat Abhiyan Awareness Activities under National TB Elimination Program